

## **Report of Health Hygiene Cell and Red Ribbon Club, D.R. College**

**Period: 2011-2018**

The Health and Hygiene Cell (HHC) of IQAC, D.R. College, Golaghat and Red Ribbon Club (RRC), D.R. College are the two cells which are under operation for the development and betterment of the college since 2001. These two cells have undertaken several programmes with special concentration on the maintenance of hygiene inside the campus and also health related matters for the benefit of the students as well as the employees of the college. Several important activities were undertaken by these two cells during the period of 2011-2018 which are as given below:-

1. On 1<sup>st</sup> October, 2011, the HHC, D.R. College organized anti-nicotine programme inside the campus. A few sign boards were displayed around the campus highlighting the said topic for the awareness of the students and the employees of the college.



Photograph: Anti-nicotine programme

2. During the Academic session 2011-2012, the RRC, D.R. College received some leaflets on AIDS from Assam Aids Control Society. The said posters were distributed among the students of the college and the same were distributed to other colleges of Golaghat district. Posters regarding awareness about **Blood Donation** were also distributed to other colleges of the district. The HHC, D.R. College undertook several activities for the cleanliness of the college campus during this session.



Photograph: awareness about Blood Donation and HIV

3. On August 7<sup>th</sup> 2013 the Health and Hygiene Cell, D.R. College organized a General **Health Check up and Awareness Programme** at the Auditorium, D.R. College for the benefit of the Students, teachers and administrative staff of the college. Dr. Bhaskar Kheria, Dr. Mrinal Saikia, Dr. M.D. Saikia, Dr. Manjit Singh, Dr. Thaneswar Dutta, and supporting staff from K.K. Civil Hospital Golaghat were present as resource persons in the event.



4. On July 16, 2014 the Health and Hygiene Cell, D.R. College organized a **Health Awareness Programme** at the Conference Hall, D.R. College for the benefit of the teachers and administrative staff. The Demonstration programme was conducted by Subhajit Chatterjee and Sankar Banerjee, both members of a Kolkata based NGO namely Digonto.
5. On September 25, 2014 the Health and Hygiene Cell, D.R. College organized a day long Health Awareness and Check up Camp by highlighting COTPA at the Auditorium, D.R. College for the benefit of the students, teachers and employees of the college. The programme was conducted by Dr. Anil Das, Dr. Mukul Das, Dr. Thaneswar Dutta, Dr. Dipali Kalita and Dr. Rina Ekka from K.K. Civil Hospital, Golaghat. Dr. Putul Ch. Saikia, Principal, D.R. College was the Chairperson of the said programme. In the programme Dr. M. Das delivered a lecture on Tobacco related diseases, consequences and preventive measures.



Photograph: Health Awareness and Check up Camp



6. On October 30, 2014 the R.R.C., D.R. College organized a **Blood Donation Camp** at the Boys' Common Room, D.R. College in collaboration with N.S.S., D.R. College and PRATITI, D.R. College. A total of 27 students donated blood at the programme. The programme was conducted by Dr. Jayanta Borgohain, In Charge, K.K. Civil Hospital and his team
  
7. On April 6, 2015 the Health and Hygiene Cell, D.R. College organized a day long **“Health Awareness Talk on Swine Flu, Ebola and Tobacco related disorders”** at the Auditorium, D.R. College for the benefit of the students, teachers and employees of the college. The programme was conducted by a senior Medical Officer namely Dr. Anil Das from K.K. Civil Hospital, Golaghat. Dr. Putul Ch. Saikia, Principal, D.R. College was inaugurated the programme. Dr. Anil Das explained Tobacco related disorders and swine flu and necessary preventive measures.



Photograph: Health Awareness and Check up Camp

8. The Health and Hygiene Cell, D.R. College has provided the facilities of pure drinking water by installing R.O. water filter at Diamond Jubilee Building, Girls' Common Rooms of both Arts and Science Departmental buildings, Central Library and College Canteen during the session 2014-15. First Aid facilities were also made available within the college campus. A new First Aid Box was installed at the Girls' Hostel, D.R. College.
  
9. During the Academic Session 2014-2015, the campus of D.R. College was made a Tobacco Free Zone under the COPTA, 2003 as an activity of the HHC, D.R. College. Further a hoarding was installed inside the campus for public awareness.

10. On 1<sup>st</sup> September, 2016, keeping in view of the Foundation Day of the College, the HHC and RRC, D.R. College organised Health Awareness and Checkup Camp in the college campus and a new Health and Hygiene Center was formally inaugurated by Dr. Ratul Ch. Bordoloi, Joint Director, Golaghat District Health Service.



Photograph: Inauguration of Health Centre and Health Awareness & Check up Camp

11. The HHC and RRC, D.R.College organised a free Health Checkup cum Awareness Camp on 15<sup>th</sup> September, 2016 in the Health and Hygiene Center of the college in collaboration with Four Seasons Nutrition Wellness Center, Guwahati.
12. The college campus has two Nos. of hoardings for the awareness about AIDS and Blood Donation which were installed in front of the Administrative building during the session 2012-2013. Two more new hoardings were also installed near the Science building at the initiative of the RRC, D.R. College during the session 2016-2017.



Photograph: Hoardings for the awareness about AIDS and Blood Donation

13. During the Academic Session 2016- 2017, with the initiative of the HHC, D.R. College necessary steps were taken to provide two Nos. of Differently Able friendly Toilets (Boys' and Girls') and five Nos. of Ramps. The HHC also took initiative to install thirteen Nos. of dustbins at different locations keeping in view of the cleanliness of the campus during the session.



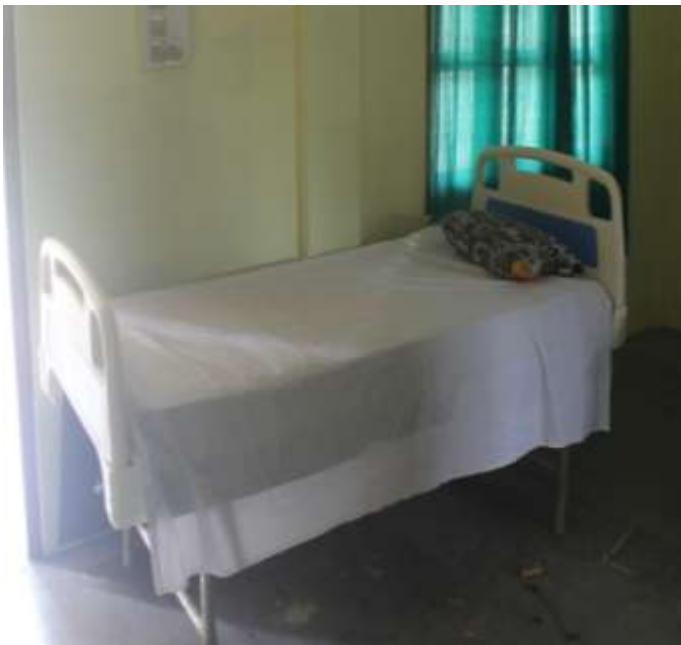
Photograph: Differently able friendly Toilets (Girls' & Boys')





Photograph: Activities towards healthy practices

14. During the session 2017-2018, various medical equipments such as Patient bed, weighing machine, blood pressure check up machine, stethoscope, wheel chair, stretcher, patient check up bed, open Almirah, a pair of chair and table for visiting doctors were purchased for the requirement of the HHC with the financial aid from General Development Fund, UGC.



Photograph: Some requirement of the HHC purchased from General Development Fund, UGC.



15. On 17<sup>th</sup> February, 2018 a free Medial Health Check up Camp was organised by the HHC, D.R. College in collaboration with NSS and RRC. Dr. Anil Das, Dr. Jayanta Borgohain and Dr. Manjula Hazarika along with their medical staff from Kushal Konwar Civil Hospital were present in the programme.



Photograph: Health Check up Camp

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Submitted to  
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**May 2018**